

## Ready for school?

### **Early Years Professionals Guide**



A checklist for Early Years Professionals in feeder settings and schools to support a successful transition into the Reception Class

www.flyingstartluton.com







# Transition Checklist for Feeder Settings

#### Do you:

- provide parents with a timeline of transition into school and support for completing the school admissions form if required?
- provide the next school with a summary of attainment for each child, including the child's two year check if it was carried out in the setting?
- ✓ share relevant information from other professionals who may have been involved; such as the SENS team, Health, SALT, CAMHS, Children's social care or Early Help?
- ✓ help families to access support for any concerns they might have prior to their child starting school?

A survey carried out by PACEY\* (2015) found that 71% of parents are anxious about their child starting school.

#### The family may need support to:

- embed healthy eating and sleeping routines
- promote independent toileting for the child starting school, always bearing in mind the differing needs of children with SEND
- help their child to communicate, share resources and interact positively with other children and adults
- provide their child with the equipment they need to start school such as school uniform and shoes.

Support can be accessed through the Flying Start Children's Centre. Please see back cover for contact details.

\*Professional Association for Childcare and Early Years

flyingstart@luton.gov.uk





# Transition Checklist for Schools

#### Do you:

- provide opportunities for staff to learn about attachment theory? This is essential knowledge for all staff interacting with the new children. Please contact Flying Start for further information.
- ✓ offer one-to-one meetings with new parents at home or at school?
- record the parents' and the child's voice in order to support the child to settle well and to inform initial assessments?
- provide an opportunity to receive and discuss all relevant information with the feeder settings?
- ✓ have a transition plan for late and in-year arrivals?
- offer new parents support through systems such as 'Buddying', 'Parent Champions' or informal opportunities for new parents to meet existing ones?

Please visit the Flying Start website for further information plus a useful checklist of great ideas for transition



It is recommended that schools and settings avoid a prolonged period of school/ setting visits. Research shows that extending the transition period in this way can be stressful for children.





For information on the Flying Start Gold Award in Transitions for schools and settings, and how to sign up, please visit the Flying Start website

www.flyingstartluton.com

#### Contact details for Flying Start Children's Centres

Flying Start Office: 2 01582 548356

Flying Start Central: 🖀 01582 393440

Flying Start South: **@** 01582 482957

Flying Start West: **2** 01582 616604

Flying Start North: 🕋 01582 595190

#### Other useful numbers

Duty contact number for Health Visitors: 🖀 0333 405 0090

School Nursing: 2 0333 405 0088